

# VASECTOMY INSTRUCTION SHEET

**LOCATION:** Please report to Patient Registration (located right beside the Gift Shop on the 1<sup>st</sup> floor) at Bluewater Health - Norman Street (otherwise known as St. Joseph's Hospital).

- Please bring your health card and a list of medications you are currently taking.
- You can eat and drink normally (including the day of your procedure)
- You will need someone to drive you home after your procedure.
- **You will need to use protection until you have had a semen analysis performed** 6-10 weeks after your procedure. The sample needs to be brought to the lab at Bluewater Health Sarnia Site within an hour. You may call the office a week after dropping the sample off at the lab for your results.

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**IMPORTANT:**

IF FOR ANY REASON YOU'RE UNABLE TO MAKE IT TO YOUR VASECTOMY, PLEASE LET US KNOW WELL IN ADVANCE SO WE CAN ASSIGN THAT TIME TO ANOTHER PATIENT. **IF YOU DO NOT SHOW UP YOU WILL BE CHARGED \$100 FOR THE MISSED APPOINTMENT.**

\*\*\*IF YOU HAVE ANY QUESTIONS, PLEASE CONTACT OUR OFFICE 519-383-6427