

# TRANSPERINEAL PROSTATE BIOPSY

**LOCATION:** Please report to Central Registration located on 1<sup>st</sup> floor at Bluewater Health – 89 Norman St., Sarnia.

## INSTRUCTIONS

- o Have a light supper the night before your procedure
- o Use a rectal enema the evening before the appointment. You may purchase this product over the counter at any pharmacy. No prescription required.
- o You may eat and drink normally the morning of procedure
- o Dr. Ramirez will give you specific instructions on when to stop your blood thinners before your biopsy. If you take a low dose aspirin (81mg) due to a stroke, TIA, coronary stents or heart attack, you can continue taking it.
- o You **MUST** have someone to drive you home after biopsy.
- o Expect blood in the urine and stool after procedure. This is usually mild and can last several days after the biopsy and expect blood in the semen for several weeks after procedure.
- o Go to the Emergency Department if you develop any of these symptoms after your biopsy:
  - High fever or chills
  - Excessive bleeding from rectum
  - Blood clots in urine and/or inability to urinate
  - Persistent burning with urination
  - Feeling generally unwell

Although the procedure itself takes about ½ an hour, please be prepared to be at the hospital for about 2 - 3 hours in total.

If for any reason you are unable to make it to your biopsy, let us know in advance so we can assign that time to another patient. If you do not show up to your appointment, you will be charge \$100 for missed appointment.

**\*\*If you have any questions about your procedure, please contact the office at 519-383-6427\*\***

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